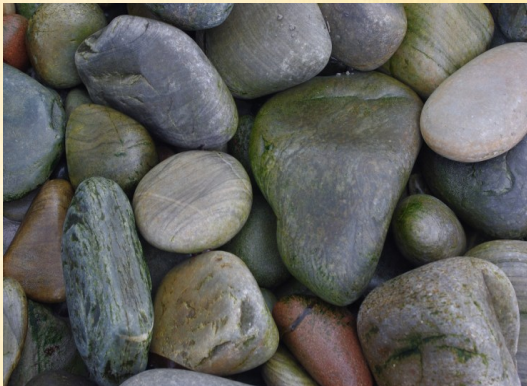


Sgath an Tighe Wilderness Retreat Programme 2012



- Do you love wild places?
- Are you looking for time to rest and reflect?
- Are you hungry to make deeper spiritual connections?

If so, we invite you to be part of one of our

wilderness retreats...

Eilean Mor, The Garvellachs

June the 22nd-25th , £180 per person

Eileach an Naoimh, McCormaig Isles

August the 17th-20th £150 per person

...or by arrangement,

at a time of your choosing...

www.sgathantighe.com

Phone Chris/Michaela on
01369 707009

thisfragiletent@gmail.com



Hard place

Stones ring and rattle

Upon this hollow ground

Soft place

Pillowing the prayers

Of a thousand saints

In the skein

Of tender years

How does it work?



Our trips typically take place over a long weekend, and involve wild camping on a remote Scottish Island, reachable only by boat charter. These are stunningly beautiful places, rich in wildlife and history. They are also WILD places, with no amenities or comforts, and so participants need to be prepared. We do the organisation, charter the boat and plan the itinerary, which typically will be structured around times of silence and times of community.

About us

Sgath an Tighe (meaning ‘*Shelter of the House*’) is the name of a house around which different micro enterprises are being developed. Many of these are collaborative partnerships, as with this retreat programme. The leaders are all part of a Christian Community called Aoradh (‘*Adoration*’) (www.aoradh.org.)

Chris has a background in social work and therapy, but also has a wide experience of exploring wild places. He has written several books of poetry.

Simon has a background in youth and community work, including reconciliation work in his native Belfast. He is currently training as a Cognitive Behavioural Therapist.

Nick is a freelance outdoor instructor and life coach, working in a number of different countries and settings. He has vast experience of leading people in the wilderness.

Paul is a minister in the Church of Scotland, currently serving as a youth advisor. He has been involved in leading groups of people through creative spiritual exercises for many years.

Retreating



Wild places do something to the soul. To be immersed in wilderness, with all the glory and vulnerability of this, is always a spiritual experience. We seek to follow a long Celtic Christian tradition of retreat in these parts. For us, it is a generous tradition, open to all people of faith, or of none. We seek not to convert, but to *reconnect* – with each other, and with God...

*Thin place, between this wonderful world and the next
Mysterious, like the purple veins of a pregnant woman
Singing in those parts of us we used to call
Souls*